

# DELIVERING HOPE

Meals on Wheels and More  
Annual Report Fiscal Year 2010



## Message from the President & CEO



Dear friends,

The past two years have been difficult for all not-for-profits in our community. In spite of the challenges we face however, I remain heartened by the dedication of our supporters. Their commitment – your commitment – to our mission means we can continue to provide a range of services to homebound elderly and disabled folks who need our help... something

we could not otherwise do. In the past year, we have provided more than a million meals, made other services available that help our clients stay in their homes, and began two new programs that are seen as models for the community: Mike's Place, the only Alzheimer's respite program in East Austin, and a professional home renewal and architectural barrier removal program.

Three years ago, we began a full case-management program with our trained professional licensed social workers. It is now a hallmark of what we do and one of the reasons that Meals on Wheels and More is the premier meals on wheels agency in Texas and beyond.

We develop the kinds of programs our clients need... programs that help them stay out of nursing homes... from nutritious home delivered meals to transportation to medical appointments to grocery shopping assistance to minor safety related home repairs to caring friendly phone calls to abate the sense of isolation they often experience.

According to a study published by the University of Kentucky, Texas has the fourth highest rate of senior hunger in the United States. There are so many older adults in our area living, as Thoreau might have put it, "lives of quiet desperation." They depend on us – and our volunteers – to get hot nutritious meals to them and provide the other help they need.

We recently received a letter from a woman named Kathy. She wrote to thank us for delivering meals to her mother because she had been struggling to care for her mother, be a new mom, and work full time. Although it would have created new financial burdens, she even considered giving up her job to make sure her mother got a decent lunch and was reminded to take her medications.

Now, however, Kathy reports that the nutritional benefits of our meals and the boost to her spirits that her mother gets from the volunteers who deliver them has made a huge difference in her mom and she can now go to work without the nagging worry that had plagued her before.

That's just one of many stories. The programs of Meals on Wheels and More are life-changing for the people we serve and their families so, on behalf of all our frail homebound clients, I thank you for standing with us... for helping us make their lives less desperate, less lonely, less hungry... and more hopeful.

Sincerely,



## Message from the Board Chair



Dear friends,

In the nine years that I've served on the Board of Meals on Wheels and More, I have learned that constant progress is an obligated expectation as much as an aspirational objective. This year has proven no different, and we are charging ahead in the face of uncertain challenges and opportunities to excel in what we do best.

Individuals aged 65 and older comprise the fastest-growing segment of our population, and Meals on Wheels and More is on the front lines of witnessing the growing needs that accompany this population shift. Texas continues to have one of the highest rates of senior hunger, and we see many Austin seniors who find themselves in situations they never thought possible – unable to access food or other basic and critical services.

In 2010, we served more than 1 million meals to more than 3,200 men, women and children. However, we also continue to look beyond the meal to meet the many additional growing needs of our community.

Ensuring that our clients can remain in a familiar environment with personal security and comfort has proven to be effective in preserving family connections, reducing rates of depression and preventing undue burdens on our clients and the healthcare system.

We are committed to a holistic and expansive service model. For example:

- Over the past year, our Home Improvement Program has performed necessary repairs and updates on more than 45 troubled or dilapidated client homes across Austin, with 50 more slated for this year;
- Since 2008, we have taken over meal and activity management at 12 senior centers in the greater Austin area;
- Mike's Place, our activity center for individuals with Alzheimer's, which also provides respite care for their caregivers, now hosts 15 neighbors each week.

I especially appreciate the compassion of our volunteer network. Giving of their time and willingly driving their own vehicles as gas prices hover near \$4 per gallon, I truly believe that these 6,000-plus generous souls are the highest quality volunteers in our community. At the same time, I'm often met with stories of joy that our volunteers experience while delivering meals and other services, with many stating that they feel they get more than they give.

Our approach to providing essential services to Austin's growing homebound and elderly population continues to set the standard for similar programs around Texas and beyond. I firmly believe that we are poised to do even greater work to help those in need in Central Texas, and on behalf of the people we serve, I thank you. Meals on Wheels and More succeeds at improving lives because of your continued support.

Sincerely,



# Compassion by the Numbers

1,066,405 meals distributed / 29,838 Country Wheels meals /  
10,602 Care Calls / 5,041 Groceries-to-Go trips / 4,510 H.O.P.E. bags /  
3,302 clients reached / 1,466 Medi Wheels rides / 652 Handy Wheels jobs

## Our Mission

The mission of **Meals on Wheels and More** is to nourish and enrich the lives of the **homebound** and **other people in need** through programs that promote **dignity** and **independent living**.



*Patty, a Medi Wheels volunteer, began driving Rosie to her doctor's appointments over a year ago. The two have been best friends since.*

# Statement of Financial Position (Fiscal Year ended Sept. 30)

## Support and Revenue

	2010	2009
Grants and Contracts	\$3,785,560	\$3,816,910
Public Contributions	2,571,553	2,482,219
United Way	218,566	181,767
Capital Campaign	154,890	167,859
Special Fundraising Events	167,693	153,919
Other Revenue	9,085	1,690
<b>Total Support &amp; Revenue</b>	<b>6,907,347</b>	<b>6,804,364</b>

## Expenses

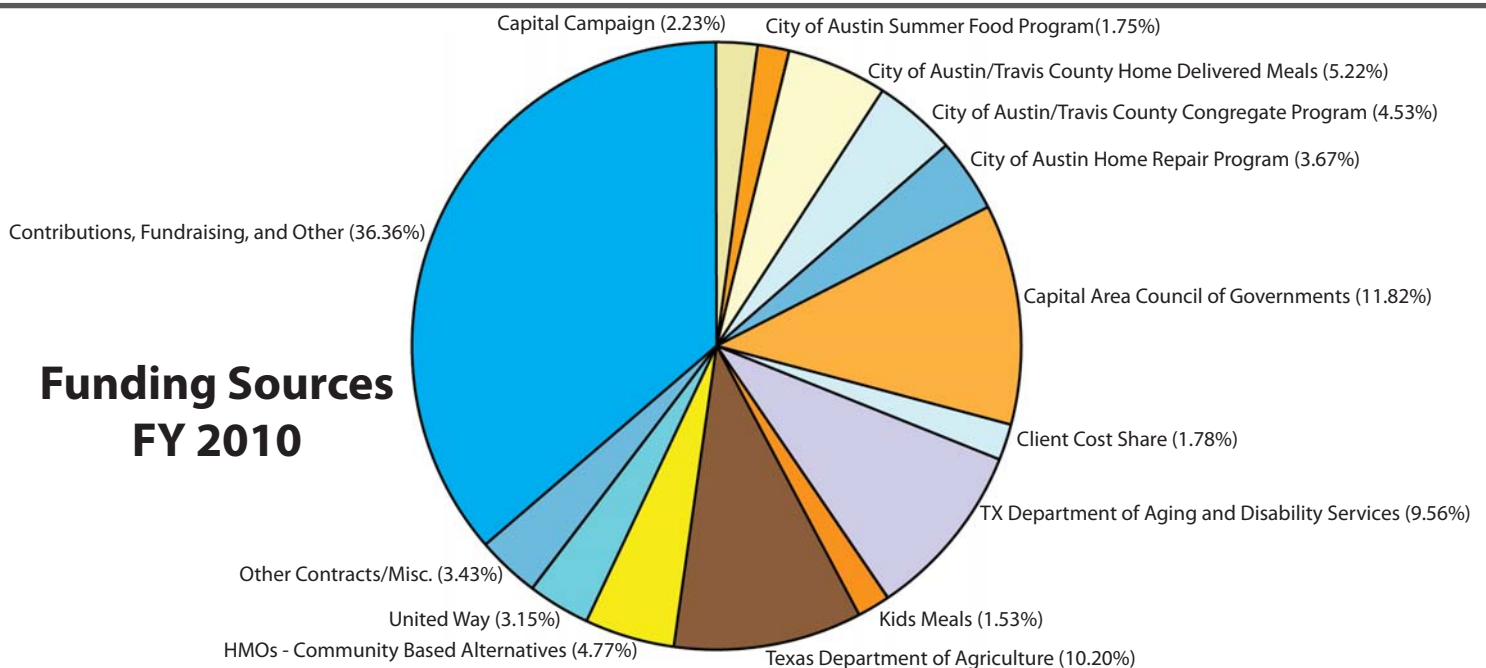
Program Services	6,023,441	5,372,407
Management and General	616,385	557,611
Fundraising	565,740	521,363
<b>Total Expenses</b>	<b>7,205,566</b>	<b>6,451,381</b>

Revenues Over (Under Expenses)	(298,219)	352,983
--------------------------------	-----------	---------

## Other Revenue and Expenses

Other Interest	7,896	13,154
<b>Total Other Revenue &amp; Expenses</b>	<b>7,896</b>	<b>13,154</b>

Increase (Decrease) in Net Assets	<b>\$ (290,323)</b>	<b>\$ 366,137</b>
-----------------------------------	---------------------	-------------------



# Statement of Financial Position (Fiscal Year ended Sept. 30)

<b>Assets</b>	<b>2010</b>	<b>2009</b>
Current Assets:		
Cash and Cash Equivalents	\$1,262,058	\$1,724,439
Investments	52,901	241
Receivables:		
Grants and Contracts	396,395	444,835
Other	5,970	225
Prepaid Items	66,140	62,602
Total Current Assets	<u>1,783,464</u>	<u>2,232,342</u>
Non-Current Assets		
Fixed Assets:		
Land and Building	5,910,154	4,916,751
Office Furniture and Equipment	775,118	689,097
Kitchen Equipment	776,727	544,259
Vehicles	485,298	474,698
Accumulated Depreciation	(1,753,670)	(1,435,117)
Total Non-Current Assets	<u>6,193,627</u>	<u>5,189,688</u>
<b>Total Assets</b>	<b><u>\$7,977,091</u></b>	<b><u>\$7,422,030</u></b>
<b>Liabilities and Net Assets</b>		
Current Liabilities:		
Accounts Payable	431,950	419,318
Deferred Revenue	223,684	356,996
Liability for Compensated Absences	30,000	30,000
Total Current Liabilities	<u>685,634</u>	<u>806,314</u>
Note Payable -- Non-Current Portion	<u>2,880,678</u>	<u>1,935,983</u>
Total Liabilities	<u>3,566,312</u>	<u>2,742,297</u>
Net Assets:		
Unrestricted		
Undesignated	4,060,779	4,679,733
Designated for Building Project	<u>350,000</u>	<u>0</u>
Total Unrestricted Net Assets	4,410,779	4,679,733
Temporarily Restricted	<u>0</u>	<u>0</u>
Total Net Assets	<u>4,410,779</u>	<u>4,679,733</u>
<b>Total Liabilities and Net Assets</b>	<b><u>\$7,977,091</u></b>	<b><u>\$7,422,030</u></b>

# Programs

**Meals on Wheels:** hot, nutritious, home-delivered meals / **Groceries-to-Go:** grocery shopping assistance / **Care Calls:** phone friends for isolated individuals / **Medi Wheels:** rides to the doctor / **Handy Wheels:** minor home repairs / **Mike's Place:** an activity and respite center for individuals with Alzheimer's and dementia / **Country Wheels:** frozen meal delivery to clients in rural areas / **H.O.P.E.:** extra bags of shelf-stable food provided to those most nutritionally at-risk / **Meals for Kids:** nutritious afternoon meals for children in afterschool programs / **P.A.L.S.:** pet food and pet wellness care for our clients' pets / **Congregate Meals:** group meals and activities for senior center participants / **Home Repair:** major home repairs for those living in substandard housing

# Clients

**50 percent** live alone

**75 percent** live below the poverty line

**68 percent** over the age of 65

# Volunteers

**6,079** active volunteers

**123,117** total hours contributed

**\$2.6 Million** worth of service



*"My Meals on Wheels and More volunteer is like a daughter to me. She is so wonderful. Whenever I am sick, she is calling me asking me what she can do. Nothing can be any better than she is."*

# Contributors of \$250+ During the Fiscal Year Ended September 30, 2010

*We have tried to be accurate in compiling these lists of our extraordinary donors. If we missed someone or misspelled a name, we sincerely apologize and ask that you let our Development Department know about the error. Thank You.*

Anonymous (24)	Health Council	Melvin & Doris Bilich	Thomas Carlson	Kimberley Cox	J.W. & Ann Donaldson
2000 David Morris	Austin Community	John & Jennifer J Bird	Donald & Elaine Y	Gordon Craig	Donco Truck &
Newberger Exempt	Foundation	Roy & Sue Black	Carlton	William & Birdy Crane	Automotive, Inc
Trust	Austin Counseling &	Bernard & Stella	Dwight Carpenter	Robert & Beverly	Carol Marie Donovan
3M Austin Center	Psychological Services	Blanchard	Rosemary Carpenter	Cranshaw	Doors & Company, Inc.
Joseph & Lillian Aaron	Austin Junior Forum	Sarah Blanchard	Sara Carr	James & Patrice P	Barry & Patricia A
Robin Abbott	Caswell House	Martin & Frances E	Christopher & Leslie	Creswell	Dorfman
The Abbott Foundation	Austin Performance	Blank	Michelle Carroll	Jimmy & Marilyn	James & Linda Dorman
John Abraham	Specialty Equipment,	Jerry Blaylock	Mason Carter	Crippen	Kristine Doten
Accolade Home Care	Inc.	Bluebonnet Hills	Louis Cartwright &	Gregory Crouch &	Wayne & Lea Douglas
Lauro Ivan & Mary Cruz	Austin Ventures	Christian Church	Janis K Helm	Dawn Stone Crouch	Richard & Elizabeth S
Acosta	AVP Management	Carl & Patricia Bluhm	George & Karen E.	Ronald Culver	Douglass
Samuel & Sally A Adair	Services, Inc	Glen & Carol Bockhorn	Casey	Cunningham-Allen, Inc	Downtown Unity Circle
Dr. Adams & Dr.	John & Doris Ann Bacak	Bodyartforms	Travis Casper	Richard Curb	Michael Drain
Swenson	Jerry & Rene Bachmann	John & Diann Boehm	Karen Castelli	James & Janis	Patrick & Kathryn Drew
George & Bobbie	BAE Systems Employee	Wallace Bohanan	Jesus & Paulina Castillo	Czenkusch	Driscoll Motors
Adams	Community Fund, Inc.	Bob Boney	James Casto & Kathy	D.R. Horton, America's	George & Phyllis Droke
Steven Adrian	Richard Bailey	Boomerang's Pies, LLC	Gaillour	Builder	Nicholas & Frances
Advanced Micro	Ronald Baker	David & Ann E Boswell	Catena's Hair Studio	Dahill	Drury
Devices	Glenn Ballard	Bountiful Blessings	Wayne Chambers	Cecilia Daley	C. M. & Leigh Dubose
Tom Afflerbach	Miguel & Kathleen	Fund	Bret & Marcellyn	John Daly	Bruce Dewater
Tripti Ajgaonkar	Bamberger	Ann Bower	Champion	Jerald Daniels	Jan Duffin
Daniel Aleman	Banfield Charitable	Fran Boydston	Don & Evelyn Chappell	Danny Reed	Cynthia Duffy
Micaela Aleman & Kent	Trust	Mary Jane Boyle	Charitable Auto	Advertising	J. Ferris & Ruta Duhon
Ellington, M.D.	The Bank of America	Teresa Boyle	Recycling Ltd	Patsy Daugherty	Kathleen Dunagan
Drury Alexander	Charitable	Robert Bradfute	Charles H. Phipps	Christina David	Drew & Laurie Duncan
Lon Allen	Foundation, Inc.	Bruce & Marilyn	Family Foundation	David Haffey	Michael & Elizabeth B
Olivia Allen	Bank of America	Bramley	Willis Cheesman	Construction, Inc	Dundov
Rachel Alter	Foundation -	Patricia Brand	Show-Ching Chen	John Davidson & Ruth	Anne Dunkelberg &
Sam & Libby Amato	Matching Gifts	Archie Bratton	Michael & Natoma	Engstrom-Davidson	Cisco Garcia
Dr. Mark Ambler	Ron & Sandra Barclay	Christopher Braugh	Chesnutt	Diane Davis	William Franklin Dunn
AMD Matching Gift	Paul Baria	David Braybrooke	Chevron Humankind	Donald & Marla Davis	Debbie Dupin
Program	Allan Barnes & Shirley F	Robert & Harriett H.	Matching Gift Program	Mr. & Mrs. Wilbur Davis	Varadarajan
American Constructors,	Coleman	Breihan	Chevron USA	Zelda Davis	Dwarakanath
Inc.	Paul & Whitney Barnes	Katherine Brinegar	Dr. Namkee Choi	Hector & Arleigh	James & Judith Marie
American Lebanon	Dr. Sara Bartos	Ursula Brinkmann	Fleur Christensen	De Leon	Ebbitt
Association	Brandy Bassett	Phillip & Lois Brisky	Mike Chuang	David De Roo	John & Mary Ann Edson
Ameriprise Financial,	Bay & Associates, Inc.	Douglas & Betsy Brown	Ross Ciomperlik	Keith De Solla & Carol	Dale Efaw
Inc.	Pamela Bayles	Kim Brown	Dr. James & Martha	Montgomery	Richard Ehlers
AMG National Trust	BBVA Compass	Rollins & Ana Brown	Clark	Dottie Dean	Michael & Penny Elarms
Bank	Foundation	Brown McCarroll, LLP	Mark & Margaret Clark	John & Kathleen W.	Robert Eldridge &
A.J. Amundson	Don Beal & Linda Holt	Wallace G. Brownson, Jr.	William & Dorothy Clark	Dearman	Kathleen Dyre
Ajay Anand	Beal Real Estate	Rob & Vicki Buck	Raymond Clayton	Carol Delage	James Eliasberg
Monnie & Sarah	Services	Donna Bueche	Annie Cloud	Renee Delaune-Treacy	Dorothy Elliott
Anderson	Tom & Lucille Bearry	Stanley Bullard	Charles & Joyce	Dell Computer Corp	James Elliott
Sarah Andrews & Travis	Joyce Beasley	Frederick & Patricia	Cloutman	Dell Employee Giving	Mindy Ellmer
Hughbanks	Mike & Agnes Beasley	Buob	Michael Coffman	Program	James Elwell
Carl & Kathleen Angel	Wallace & Jean A	Kenneth Burch	Mallie Coker	Dell Foundation	Emerson Process
John & Lou C. Anthony	Beasley	George & Lynne Burke	Wade & Joyce Collie	Roger & Kat Delong	Management
The Applied Materials	Dr. Hamilton Beazley	Burnie & Janet Burner	Doyle Collier	Donald & Janice	Endeavor Real Estate
Foundation	Carl Becker	Casey & Tessa Burns	Thomas Collins	Dempsey	Group
Mrs. Jeffrey Archer	Daniel & Sheila Beckett	Matthew Burns	Elizabeth Colvin &	J. Scott & Anne Denko	Endorfun Sports LLC
Leo Ardoin	Janine Beckett	Ned & Martha F. Burns	Mark Barnett	Maribeth Denniston	Dennis Engblom
Glenn & Rebecca	Arthur & Yoshiko	D. Bruce & Janice L	Jerry & Becky Conn	Michael & Patricia	Roger & Christine S
Armbruster	Beckman	Butler	Betty Connell	Desjardin	Engemoen
Jim & Ellen Arnold	Anna Bedolla	John & Carol Butler	Catherine Connolly	Joseph D'Etcheverry	Winfred & Patsy
Susan Arnold	Elton & Nancy Beebe	M. Jean Butler	Travis Cook	Diane & Simon DeVries	Engstrom
The Arnold Foundation	Stella Behrens	Trey Butler	Zelda Cook	Edward & Edna Diaz	Episcopal Church of the
Aimee Ash	Belco Equities, Inc.	Deborah Byers	Elizabeth Cooper	Will Dibrell & Beverly	Good Shepherd
Mary Jane Ashby	Mr. & Mrs. John Belle	Michael Byrne	Laura Copeland	Bajema	Robert & Sunny Ernst
AT&T Services, Inc. -	William Belt	Virginia Byxbe	CoreLogic	Priscilla Dickenson	Blake & Tammy Erskine
AT&T Federal Political	Nancy Bene	Rhonda Cahill	Larry Cosper	K. Jerome & Charleu W	Salvador Espinosa
Action Committee	Mark Bentsen	Bobbie Caldarelli	Covert Chevrolet-Buick-	Diercks	The Estate of
Betty Aten	Bernard Company	Mary Cameron	Pontiac-GMC, Inc.	Joe DiQuinzio / Jad Co	David Runyan
Eric Augustus	E.D.H. & Trema Berry	Capitol Environmental	James & Christine S	Development, Inc.	James & Carolyn K Estes
Austech Roof	Frank & Diana Berry	Services	Cowden	Robert Divine	Wilmont & Linda J Estes
Consultants	Tommye Bertero	Carl C. Anderson, Sr.	Mr. & Mrs. George	Dominican Community	Jacquelyn Etheredge
Austin American-	Harold Besand	& Marie Jo Anderson	Cowden	of Austin	Hazel Evans
Statesman	John & Doris E Besperka	Charitable Foundation	Richard Cowles	Donald D Hammill	Robert & Sabrina Evans
Austin Area Home	David Betz	James Carlisle	Diann Cowling	Foundation	

# Contributors

Theresa Eveleth	Alberto Garcia / Law	Sylvie Guerche	Chere Heintzmann	Ira Davis Charitable	Tony D'Anna
Fado Irish Pub	Offices of Alberto	Dr. Juan Guerrero	Linda Helms	Trust	Kerry Kimbrough &
Faith Women of the	Garcia	Kara Guzman	Sherri Hendricks	Lea Isgur	Jill Rossi
ELCA	Rafael Garcia-Iniguez	Stephen & Francine	Mark Henry & Sandra A	Steve & Rhonda Isser	Ann Kincannon
Chester Falk	Annette Gardner	Haas	Nogales-Henry	Jesse Jack	William & Frances
Dr. K.M. Fallon	John & Helen Garrison	Cindy Hackney	Paula Hern	Hugh & Eleanor R Jacks	Kindla
Family Eldercare	Michele Gary	Martha Hains	Raul Herrera & Maria de	Terrell & Ann Jackson	John & Deanna King
James & Nancy J.	Jesus & Quentell K	L. Dewitt Hale	la Luz Martinez	Jackson Walker LLP	Samuel & Lesli King
Farthing	Garza	Loyde Hales	John & Christa	The Jacob & Terese	R.L. & B.W. Kingore
Boyd & M. Lisa Faulkner	Ruby Gaston	Bill Haley	Herrmann	Hershey Foundation	John & Lanette Kinnaird
Allison Faust	Gate Specialties, Inc	Ruby Fay Hall	Vivian Hess	Susan Jacobe	Patricia Kinsey
Irmtraud Feigs	Kenneth Gates	Sheryl Hall	Jack & Rebecca Heston	Jeffrey & Tara C Janner	Dr. Brian Kistenmacher
Feinstein Family Fund	Catherine Gavin	George Ham	Frederick & Laura	Rajiv Jauhari	KLA-Tencor Foundation
Lance Felber	Gary Geddes	Susan Hammer	Hewett	James & Sharon K. Jean	Jason Kloc
David Feldman &	Lucille Geib	Randy & Joanne	Frances Hieronymus	Janet & Pascal Jeannin	Kadonna Knappe
Christopher P. Warner	Dr. Roger & Eunice	Hankamer	High Five Events	Judith Jellison &	John & Mary Chris Knorr
Dillon & Marialice	Geibel	Diana & Andrew Hardell	Highland Park Baptist	Robert Duke	Frankye Knudsen
Ferguson	Susan Gentz	Jack & Judith S.	Church - Explorer Class	Paul & Kathleen J.	The Kodosky
Terese Ferguson	The George D. Alan	Hardison	Richard Hile	Jensen	Foundation
Bob & Rosanne Fetzter	Company, Inc.	Paul Harford & Sandra	Hill City Lodge No.	Mark Rogers	Koenig Lane Christian
David Feuerstein	Samuel Georgeson	A. Dunn	456 - Ancient Free &	Drs. Peter & Elizabeth	Church
Victor & Mozelle Filimon	Georgia B. Lucas Grant	Theresa Harkins	Accepted Masons	John	Robert & Juanelle Kopp
Daniel Finch	Fund	Joan Harman & David	Clara Hiller	Philip Tobin	Kenneth & LouAnn
Finn Family	Brenda Gerland	Hume	Barbara Hilliard	Barbara Johnson	Kornblum
Foundation, Inc.	Elizabeth Gibbons	Gail Harmon & Janie	Carol Hinshaw	Calvin & Maria Johnson	Karen Kornell
Larry Firestone	Beverly Gibbs	Roddy	Hitachi Consulting -	Kevin Johnson	Gilbert & Pamela Koss
First United Methodist	James Gibson	Kevin Harper & Shinko	Community Action	Richard Johnson	Lisa Kosub-Young
Church	Lawrence Gilg	Kojima Harper	Committee	Richard & Cynthia B	Stephen & Laura Blair
Diane Fleming &	Wilhelmina Gilligan	Mary Harrington	The Hitachi Foundation	Johnston	Kowalski
Lawrence Thoren	Nick Gilman & Maria	Crystal Harris	Janice Hogarty	Kevin & Karen Jolly	Greg & Cindy H.
Fletcher, Farley,	Farris-Gilman	Russell & Jennifer H	Jay Holland	Robert & Leola Jolly	Kozmetsky
Shipman & Salinas, LLP	Verter Ginestra	Harris	Linda Holloway	Dr. H. Lamar & Deborah	Ronya Kozmetsky
Megan Flynn &	Alberto Giordano	Wynnette Harris	Amy Holmes	Jones	Ann Kraatz
Mark Brown	Cheryl Glover	Harris and Eliza	Norman Holmes	Jeffrey & Elizabeth B.	Nelva Kramp
Shannon Fohn	Gary Godfrey &	Kempner Fund	Jason & Erika Holzer	Jones	Dr. H.C. & Laura Krause
Dr. Gloria Foley	Kristin Forrest	Elizabeth Hart	Tracey Hopkins &	Ken & Amy Jones	Joseph Kroesche
John Folger	Glorine Goff	C & Donna L. Harthcock	Norma Catano	Jim Curtis Jordan	Josephine Krouse
Timothy Ford	Michael Goldstein	Susan Hartmaier	Jerry & Helen Hopson	Paul & Michelle Jordan	KRS Consulting, LLC
Jose & Bernice	Connie Goldston	Wayne & Paula Hartman	Anthony & Susan	Troy & Mary Jordan	Dennis Krug & Carolyn
Fornespierantoni	Robert & Judith A	The Hartman	Horton	Christopher Judge	S Eldred
Robert Forrest	Goodman	Foundation	Dr. Wendell & Elisabeth	Junior League of	Linda Kuc
Fosforus Inc	Larry & Margaret	George Harvey	Horton	Austin, Inc.	Michael & Alice J Kuhn
Robert & Karin H Foster	Goodrich	The Harvey E. Najim	Bernard Hothem	Keith & Melissa A	Roger & Chin-San Kung
Sheila Foster	Thomas & Patricia Gore	Family Foundation	Houghton Mifflin	Juraneck	Ross Laing
John & Joyce L Fox	Robert Gorsegner	Bill Haskins	Matching Gift Program	Juried Family	Marion & John Lake
Joe Foy	Leslie & Geraldine Goss	Danny & Sharon	Samuel & Katherine	Foundation	Margaret Lalk
Robert & Anagloria	Michael Gould	Haskovec	Houston	David & Shirlene Justice	David Lancaster &
Franco	Steven & Monica P.	Dr. Thomas & Carol	Melissa Houtz	Sharon Justice	Julie Kniseley
Simon & Janice Franco	Gould	Hassell	Russell & Isabel	Douglas & Carol	Jessie Lane
Carl Frank	Grace Lutheran Church	John & Sharon Hastings	Hoverman	Kadison	John & Marsha
Carol Fredericks	Patsy Graham	Stephen & Jean Hatcher	Ron Hubbard	Jacques & Peggy Kagan	Lanehart
Leif Fredin	Sam Graham	Adam I. & Rhonda K.	Mr. & Mrs. W.R. Hudson	Jo Lyn Kallison	Joe Langenderfer
Rick Freeman	Jo & Billie Jo Graves	Hauser	T.B. Hudson	Mr. & Mrs. Dennis	Sandra Langston
Ronald & Anne K	Graves, Dougherty,	Frances Havins	Jerry & Kathy Huffaker	Kamenitsa	Kermit Larson
Freeman	Hearon & Moody	Margaret Ann Hawkins	Christopher Hughes	J. Russell & Teresa	Last Resort Inc
David & Janet Freidberg	Great American Sales &	Hawkins Investments	Jane Humphrey	Kampfe	David & Sharon
Betty & Peter French	Marketing, Inc.	Dr. & Mrs. A.B. Haws	Jeff & Julie Hunt	Kathleen Kelleher	Lastrapes
Jefferson French	Greater Austin Area	Amy Hawthorne	Jerry A. Hunt	Revocable Living Trust	Rhea Latham
Peter French	USBC Association	Frederick & Sandra L	James & Laura Ellen	Anjali Kaul	Jeffrey Lazar
Friedel Family	Renee Green	Hayes	Hurst	KCL Foundation	LCRA Employees'
Foundation	Donald Grefe &	Denise Hays	Alvin & Sherlie Hurwitz	Mark & Elsa Kearney	United Charities
Dr. B.J. & Stan Friedman	Janice Pierce	Melanie Hays	Jack & Margaret	Heather Keating	Don Lee
Kim Friedrichs	Dr. Patricia Gregg	Ruth Hazy	Hutchinson	Carolyn Keelen	Linda Ringer Leff
Hoit & Paula Frierson	Lisa Gregg	Jerre Heaton	Jeanne Hutto	Mary Kathryn Keils	James Lennon
Elizabeth &	Gary Griesenbeck	Gladys Heavilin &	John & Mary W. Hyde	Dr. Marilyn Kelinske	Robert Leonard
Michael Frisch	Timothy & Lori E. Griffin	Charles Jenkins	Hyde Park Christian	Russell & Janet Kelley	Mark Lewis
Louise Froelich	Donald & Linda Griffith	H-E-B	Church	Laura Kelso	Leopoldo Leyendecker
Frost Bank	Doug & Terri L. Grissom	Thomas & Denise	Patrick & Ana Hymel	Leila Kempner &	LGR Foundation
Lauren Gagliardi	Geary & Janice Grissom	Hebson	IBM Corporate	James McWilliams	Community Fund No. 4
Craig & Eun Kim Gandy	Gus & Carolyn M.	Lynette Heckmann	Citizenship &	Boyd Kennedy	Glenn Like
The Garber Family	Grosskopf	Mary Hees	Corporate Affairs	Curtis Kennedy	Joe Limon
Foundation	Paul Grosso & Paula	Eugene & Sherron E	Eugene Ignatowski	Terri Kerr	David & Jo B Lindberg
	Angerstein	Heinemann	Bobby Inman	Julie Killingsworth &	Lindell Construction

# Contributors

Services, LLC  
 Louis & Rosanne  
 Lindsey  
 Richard Linklater  
 Dwayne & Kathryn  
 Little  
 Vicki Little  
 Little Deli  
 David Littlewood &  
 Anne Fennell  
 James & Nancy E Lloyd  
 Locke Lord Bissell &  
 Liddell, LLP  
 Michael Lockwood  
 Sarah Loconto  
 Lola Wright Foundation  
 Annemarie Long  
 Joe & Teresa Long  
 Dianne Longley  
 William Longley  
 John & Konni Loo  
 Keith & Margie A  
 Loomans  
 Timothy Loonam  
 John Love  
 Lester & Cynthia F Lovin  
 Lowe Foundation  
 Amy Lowrey  
 Charles & Melyssa Loy  
 Jon & Beverly Luce  
 Stephen & Sally A.  
 Ludwig  
 Kirsten Luke  
 Wallace Lundgren  
 Mark & Sara Luttrell  
 Michael & Susie Lynch  
 John MacDonald  
 Rhonda Maddox  
 Col. Ted & Linda Maddry  
 Magnolia Café  
 Pavan Malani  
 Ann & Charles Manning  
 Barbara & Bruce Mansur  
 Mark Word Design  
 Matthew Marlow  
 Maurice & Mary V. Marr  
 Beth Martel  
 Joseph & Maria Martin  
 Lethaniel Martin  
 Michael & Cathleen  
 Martin  
 Norman & Emilia Martin  
 Cara Maschler  
 Roy Materanek / RWM  
 Design  
 James Matheney  
 John & Janet Matthews  
 Erick Matthys  
 Richard Mattingly  
 James & Gina Maunder  
 Maxwell Locke &  
 Ritter P.C.  
 Roy & Nancy Mayers  
 William & Kim McAdoo  
 Erin & Eve McArthur  
 Bishop John McCarthy  
 E. Douglas & M. Sue  
 McClain  
 Mary McClain  
 Judson & Velma  
 McCloud  
 Ross & Elisabeth McCoy  
 Edward & Susan  
 McCrickard  
 George McCullough &  
 Katherine Dombrowski  
 Timothy McDaniel  
 Linda & Michael  
 McDermitt  
 Michael & Joan  
 McDermott  
 Frances McDonald  
 Gaston & Jean  
 McDonald  
 Mary Ross McDonald &  
 James McDonald, DDS  
 Stuart McDow  
 Cleo McGee  
 James & Rachel  
 McGinity  
 Joel McIntosh  
 Sean & Amy W.  
 McIntosh  
 K. Roxanne McKee  
 Ronald & Rebecca  
 McLeod  
 W. Lendal & Betty  
 McMillan  
 Susan McMorris  
 Mark McNutt  
 John & Mary Ann  
 McPhaul  
 Julie McPhaul  
 Sandra McTaggart  
 Meals on Wheels  
 Association of America  
 Mechanical Reps, Inc.  
 Cathy Medina  
 Morris Melchor  
 Mark Melton  
 Elizabeth Melvin  
 Sreedevi Menon  
 Scott Merchen  
 Merry Maids  
 Dion Messer &  
 Charles Richter  
 The Michael & Susan  
 Dell Foundation  
 Kent Mickelson  
 Microsoft Matching  
 Gifts Program  
 Robert & Margaret  
 Middleton  
 Beth Miller  
 Charlotte Miller  
 Greg Miller  
 Mark Miller  
 Robert Miller  
 Sidney & Pranee Miller  
 William & Catherine M  
 Miller  
 Suellen Mills  
 John & Araceli Mims  
 Minton, Burton, Foster  
 & Collins, P.C.  
 Paul & Sonia Miranda  
 Maxine Missios  
 Ted & Wilma Mitchell  
 John & Kathleen K.  
 Miterko  
 Lynn Moak and Mary-  
 Mckeown Moak  
 Molotov  
 Dan & Christi Mondrik  
 Christine Monheim-  
 Poynor  
 James Montanaro &  
 Marcia Tugendhat  
 Lydia Montoya  
 Keith & Monique  
 Moody  
 Sammie Moody  
 Bailey Moore  
 Billy & Jo Ann Moore  
 Mark Moores  
 Mike & Laura Mordecai  
 Richard Moreno  
 John Morgan  
 Morningglory Partners,  
 LTD  
 Renee Morrison  
 Erma Morrow & Bruce  
 P. Wilson  
 Mary Morse  
 Robert Aaron Mueller  
 Anne Mulhearn  
 Russell Mullins  
 Pat Munday  
 Louis Munin  
 James & Jean Murff  
 The Nancy Taylor  
 Memorial Fund  
 Mini Nanua  
 National Instruments  
 Meri Nelson  
 Mrs. Herbert Nelson  
 Charles & Pat Nemir  
 Earl & Beth Newcomer  
 Terry Newman  
 Len Newsom  
 Carol Anne Ney  
 Sherry Neyman  
 Mark Nibbelink  
 Michael Nichols &  
 Ana Farina  
 Elnora Noack  
 Charles & Joan C Novak  
 The Honorable James  
 Nowlin  
 Nu Stats, LLC  
 Bill & Saralee Nugent  
 Gary & Peggy Oakley  
 William O'Brien  
 Paul Ochs  
 Dale & Kay Oder  
 Odyssey Healthcare  
 W. Scott O'Hare  
 John & Nina Ojeda  
 Greg & Brenda F Olds  
 Archie & Marlene Olson  
 Anita O'Mara  
 ONEOK Foundation, Inc  
 Opal Divine's Penn Field  
 Milton & Theresa  
 O'Quinn  
 Shannon Orcutt  
 John & Laura Ore  
 Thomas O'Rourke  
 Mark Ostasiewicz  
 David & Michelle Ann  
 Ottaviano  
 Wayne & Sandra  
 Packwood  
 Palm Valley Lutheran  
 Church  
 Charles & Tazuko Parker  
 David & Dana Parker  
 Joan Parker  
 Joyce Parrish  
 John Parry  
 Mary Rachael Parsons  
 Martha Parten  
 Neil & Susan Pascoe  
 The Patient Recruiting  
 Agency, LLC  
 Carrin Patman  
 Anita Patterson  
 Janet Patterson  
 Jeanne Pearce  
 Donald & Barbara S.  
 Pearsall  
 Jesus & Rebeca R Pedre  
 F. Walter & Cheryl Penn  
 Dorothy Pereira  
 Paulo Pereira  
 Charles & Kathryn C.  
 Perkins  
 Henry Perret  
 Britt Peterson  
 Edward Peterson  
 Winston & Jonimay  
 Peterson  
 Petroleum Associates of  
 Shreveport  
 Darrell & Cristi Petty  
 Mary Pfluger  
 Brad Pharr  
 PHC of Central  
 Texas, LLC  
 Douglas & Nancy  
 Phelan  
 James Phelan  
 David & Jennifer Phillips  
 Jerry & Nina Phillips  
 Ann Phipps & Michael  
 Cannatti  
 Suzanne & Leroy Phipps  
 Steven Pickrel  
 Elizabeth Picone  
 James & Rosario Pinget  
 William & Joann Pitcher  
 James Ploumen  
 Gary Pohl  
 Rebecca Pokluda /  
 KidWorks  
 Florence Polite  
 Tom Polk & Judy  
 Kostura  
 Thomas Pool  
 James Popp  
 Portable Welding  
 Services  
 Harry Porter  
 Lisa Porter & Tom  
 Fairhurst  
 Post West Austin  
 Don & Nancy Potter  
 James & Maureen  
 Powell  
 The Powell Foundation  
 Paul Prachyl  
 Rosa Lee Prade  
 Douglas Price  
 Timothy Price  
 Neal Prince  
 Peter Pritchard  
 Alan Prochoroff  
 Prosperity Bank  
 Dan & Susan Pruett  
 Lansing Pugh &  
 Elizabeth Badger  
 Matthew Purdy  
 Maria DeWaal Putter  
 Brian Quigley  
 Richard & Darlene B.  
 Quinn  
 The Rachael & Ben  
 Vaughan Foundation  
 Gary Ragan  
 Karthick Rajamani  
 Vijaya Ramachandran  
 Ponciano & Emily  
 Ramirez  
 Randalls Food Markets  
 Richard Rangel  
 Daniel & Shannon  
 Ratcliff  
 William & Colleen  
 Rawlinson  
 Kaylene Ray  
 Mattie Ray  
 Ray Ellison, Jr.  
 Charitable Trust  
 Sally Reagan  
 Richard & Susan B  
 Redfern  
 Emile Reed  
 Lester & Janet Reed  
 Pamela Reed &  
 Bob Gibbins  
 Michael Reese  
 Christopher & Sharon  
 Regier  
 Randy & Deborah  
 Rehmman  
 C.E. Reid  
 Mitchell Reid  
 Richard Relyea  
 Annette Renaud  
 Randall & Lynne Reneau  
 Kristin Renfro Salyer  
 Julie Rennecker  
 Republic National  
 Distributing Company  
 Donald Reyes  
 Charles Rhett  
 J.D. Rich  
 The Richard & Angela  
 Armitage Family  
 Foundation  
 Dr. Phyllis Richards  
 Rick & Victoria  
 Richardson  
 Carrie Riche  
 Sheldon & Ellen Rchie  
 Michael & Virginia Riley  
 Peter & Eva Riley  
 David Rinehart  
 Derly & Mary Ann  
 Rivera  
 Riverbend Church  
 Jacqueline Rixen  
 Cheryl Roberts  
 James Roberts  
 David Robertson  
 Frank & Catherine  
 Robin  
 Nelson & Laura  
 Robinson  
 Rich Robison  
 Alan Roddy  
 Earl Rodenberg  
 Mark & Barbara H  
 Rodriguez  
 Rodolfo Romero  
 Ronald McDonald  
 House Charities  
 Roofing Contractors  
 Association of Texas -  
 Central Texas Chapter  
 Larry Root  
 Ron Root  
 Rose Young Estate  
 Robert Rosen  
 G. Terry & Janet Ross  
 Dr. Michael & Sandy  
 Rotman  
 Drs. John & Suanne  
 Roueche  
 Round Rock Christian  
 Church, Disciples of  
 Christ  
 Round Rock Church of  
 Christ  
 Nick Rowder  
 Roy F. & Joy Cole Mitte  
 Foundation  
 Robert Rubacha  
 Charles & Sharon  
 Rubick  
 Ronnie & Katherine  
 Rudd  
 Judith & Hector J. Ruiz  
 Run-Tex, Inc.  
 Russel E Smith  
 Enterprises  
 RW3, Inc.  
 Robert & Pamela C.  
 Sablotne  
 Lester Sack  
 Gregory & Cynthia  
 Sacony  
 Peggy & Leonel Saenz  
 Safeway, Inc  
 Otto & Helen Salcher  
 Sam's Club #6454  
 Samsung Austin  
 Semiconductor  
 Herbert & Doris Sander  
 Sandford Commercial  
 John & Diane Sandlin  
 Andres Sandoval  
 Mary Sanger  
 Andrew & Nona  
 Sansom  
 Gary & Mary Saul  
 Kent & Donna K.  
 Scarbrough  
 Edwin & L Lorraine  
 Scharlau  
 Thomas Schatz &  
 Karen Kocher  
 Mark Scheevel  
 Tina Scheidler  
 Dan Schlapkohl  
 Dr. Robert & Elizabeth  
 Schlechter  
 Laurence Schmidt  
 Leonard & Brenda G.  
 Schmidt  
 Richard Schmidt  
 Charlie Schnabel

# Contributors

Marco Schneider  
 Mary Scholl  
 Hans Schroeder  
 Vickie Schubert  
 Kim Scofield  
 Devin Scott  
 Frederick Scott  
 The Search Engine  
 Guys, LLC  
 Kevin Sebesta  
 Ronald Seeliger  
 A.D. & Eleanor  
 McC. Sellstrom  
 Mary Seng  
 Sentinel Real Estate  
 Corp.  
 Teresa Seretti  
 Paul & Amy Severt  
 Sew Much More, Inc.  
 Earline Seward  
 Jean Sewell  
 Nazia Shaik  
 Jihad Shakir  
 Paula Shames & Steve  
 Sprinkle  
 Andrew & Sarah Sharp  
 John & Carin  
 Shaughnessy  
 M.K. Shaw  
 J. George & Dorothy  
 Sheehan  
 Terry & Danyelle  
 Sheehan  
 Sheila T. Hilts Real  
 Estate Co., Inc.  
 Arthur & Mimi Hastings  
 Shelton  
 Katherine Shepard  
 David Sheppard  
 Matthew Sherrod  
 Shield-Ayres  
 Foundation  
 Mark & Amy Shields  
 Beverly Showers  
 Jay & Kathy Shreiner  
 Thomas & Sarah N.  
 Siemer  
 Dora Silva-Grider  
 Joseph & Jean Simms  
 Melvin & Sophia Simms  
 Barry Simon  
 Darren Simon  
 Brian Simpson  
 Wade Simpson  
 B. Clay & Diane  
 Singleton  
 Andree Sjoberg  
 David & Dolores E.  
 Skarke  
 Kathryn Slagle  
 Lee & Emily Sloan  
 Blondell Smith  
 Chadbourne Smith  
 Kelly Smith  
 L.G. Skip Smith  
 Lynette Smith  
 Mary Dean Smith  
 Mike & Debbie Smith  
 Monte Smith  
 Robert & Mary Smith  
 Sherry Smith  
 Tommy & Helen L Smith

Campbell Snyder  
 Sandra Solomon  
 John & Mary Sommer  
 Leondius Sonntag  
 Dr. Allen & BJ Sonstein  
 Jacque Soptick  
 William Sorensen  
 Soros Fund Charitable  
 Foundation  
 Deborah Sours  
 South Austin Christian  
 Womens Club  
 South Austin Hospital  
 Auxiliary  
 South Austin MIP & DWI  
 School  
 Jack & Deanna  
 Spencer  
 Robert Spivey  
 St. Alban's Episcopal  
 Church  
 St. Catherine of Siena  
 Church  
 Jon St. Clair  
 St. David's Foundation  
 Robert and Perian R.  
 St. George  
 St. Martin's Ev. Lutheran  
 Church  
 St. Philips United  
 Methodist Church  
 St. Stephens Missionary  
 Baptist Church  
 Maj. and Mrs. Frank  
 Stanton, III  
 Starbucks  
 Foundation - Partner  
 Giving Programs  
 State Farm Insurance -  
 Workers  
 Compensation Claims,  
 Fire and Casualty  
 Joyce Statz  
 The Steel Construction  
 Group, Inc.  
 Jeffery Steele  
 Gary & Judy Stegeman  
 John & Kathy Steinman  
 Robert & Jeanne Stelzer  
 Melody Stepan  
 John Stevenson  
 Gary & Carol Stewart  
 Strake Foundation  
 George Strandtmann &  
 Susan L. Romberg  
 Structural Integrity  
 Associates  
 Robert & Leslie  
 Suffoletta  
 Tim & Gail Sulak  
 Michael & Judith  
 Sullings  
 Jewell Sullivan  
 Edward Summers  
 John Sunder  
 John & Marilla Svinicki  
 Claudia Sydney  
 Debra Talbot  
 Roy & Martha Green  
 Talley  
 Andrew Tan  
 Catherine Tanner

Tarrytown United  
 Methodist Church  
 Christina Taylor  
 Henry & Eva Taylor  
 Millie Taylor  
 Mary Teeters  
 Bernard & Claudia  
 Tejada  
 TelecomPioneers,  
 Denver PAC, Texas  
 Pride Chapter 23  
 Connie Temple  
 James Teter  
 Texas Capital Bank  
 Texas Department of  
 Insurance/ Consumer  
 Protection Program  
 Texas Gas Service  
 Company  
 Texas NIC USA, Inc.  
 Texas State Board of  
 Pharmacy  
 The Church at the  
 Conservatory  
 Theodore P. Davis  
 Charitable Trust  
 Joel Thollander  
 Rachel & Pat Thomas  
 Carole Thompson  
 Mrs. Horace Thompson  
 Isaiah Tibbs  
 Mark Leach  
 Noreen Tien  
 Time Warner Cable  
 TMF Health Quality  
 Institute  
 Gary & Carol Todd  
 Caterina Tomas  
 Morton & Bobbie Topfer  
 Topfer Family  
 Foundation  
 Andrea Torres &  
 Lawrence Lyman  
 Bill & Barbara Townsen  
 Judy Trabulsi  
 Thomas & Teresa  
 Traugber  
 Travis County Health  
 Facilities Development  
 Corporation  
 Shirley Traweek  
 Charles Trenckmann  
 Timothy Trickey / The  
 Trickey Law Firm  
 Trinity Lutheran Church  
 Triumphant Love  
 Lutheran Church  
 Cynthia Troop  
 Camille Tucker &  
 Mark Leach  
 Brian & Jana Tuerff  
 William Tullis & Jane  
 Derebery  
 Gregory & Susan F. Chin  
 Uehara  
 Sylvian Ung  
 United Christian Church  
 - Children's Mission  
 United Way of Central  
 New Mexico  
 University Area Rotary  
 Club Foundation

Stephen Unruh  
 Sambasiva  
 Vallabhaneni  
 Valley Services, Inc.  
 Curtis & Pearl Van Beek  
 James Van Buskirk  
 David & Melody Vander  
 Straten  
 Ken VanLew  
 Christo & Monica J.  
 vanRensburg  
 Anthony Vasquez  
 Harvey Vaughan &  
 Stacey Gregg Vaughan  
 Oscar Vaz  
 Augustine & Rachel  
 Vega  
 James & Stacie Veith  
 Stephen Venzon  
 Veritas Foundation  
 VFW Post 857  
 Traci Vickers  
 Village Christian  
 Apartments  
 Visiting Angels  
 William Volk  
 Mitchell Vollmers  
 John & Margo Voltin  
 Linda Von Quintus  
 Judith Voress  
 Christine Wade  
 Todd & Denise Wade  
 Konnie Walker  
 Ken and Kay  
 Wallingford  
 Wal-Mart Store #3570  
 Forrest Ward  
 David Warren  
 Jon Washam  
 Kirk Waters  
 Brad & Kim Watson  
 James & Alice R.  
 Weatherby  
 William Weaver  
 Alide Webb  
 Douglas & Sharon D.  
 Webb  
 John Weber

Ruth Ann Wedig  
 Roger & Shelia P. Weekly  
 R.E. & Margaret R.  
 Weeks  
 Susen Wehner  
 Diana Weihs  
 Ronald & Roberta  
 Weindorf  
 Weir Foundation  
 Rom & Pamela L.  
 Welborn  
 Lawrence & Sandra G.  
 Welch  
 Patrick & Mary-Jane  
 Welker  
 Wells Fargo Bank, N A  
 Ernest & Barbara Welsh  
 James West  
 Jay Westbrook  
 Ron Westbrook  
 Westlake United  
 Methodist Church  
 Westminster  
 Presbyterian Church  
 Paula Weston  
 Thomas Whately  
 Wheatsville Co-op  
 Teresa Whistler &  
 David Adair  
 Alton White  
 Stuart & Helen White  
 Asa Whitehead  
 Stewart & Dandre  
 Whitehead  
 Jeff & Ariana Whiting  
 Whole Foods Market  
 David Williams  
 David M. Williams  
 James Williams  
 Julie Williams  
 Mark & Linda Williams  
 Robert Williams &  
 Karen K. Uhlenbeck  
 Steven Williams  
 Hugh & Sheri  
 Williamson  
 Wylie & Lois Jane Wills  
 Dean Wilson

Dennis & Bonnie Wilson  
 Ken & Lonna Wilson  
 Terry Wilson / Wilson  
 Plumbing Company  
 Winstead PC  
 Viola Wiswell  
 Wayne & Nancy  
 Witzsche  
 Ward Wolfram  
 Women Partners in  
 Health, P.A.  
 Women's Fund of  
 Central Texas  
 Richard Wong  
 Sharon Wood  
 Woodmen of the World,  
 Lodge 9  
 Betty Woods  
 Col. Rufus Woody  
 John & Marna R Woody  
 Tracy Woody  
 William Worsham  
 Greg & Molly  
 Worthington  
 Sue Wu  
 Curtis & Patricia Wyman  
 Bob Wynn  
 John Yeaman  
 Richard & Nancy  
 Yeomans  
 YES, Inc./Phogg  
 Phoundation for the  
 Pursuit of Happiness  
 Robert Youngberg  
 Douglas Youngwith  
 Joe and Betsy Zern /  
 Zern Rental, Inc.  
 Abe Zimmerman &  
 Evonne Atlas  
 Charles & Melissa Zon  
 Joseph Zullo  
 Guadalupe Zuniga  
 Lyle Zurik  
 John Zvonar &  
 Qingsu Wang

*"Caring is what makes you all great  
 people in this world. We need more loving  
 and caring people out there."*



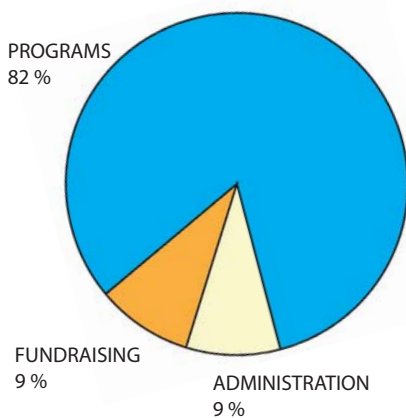
## In Memory of Rufus Woody



Last year, Rufus Woody, a longtime volunteer for Meals on Wheels and More, passed away. Rufus was one of our most dedicated volunteers, and delivered meals for

more than 26 years. Rufus, a loving husband and father, served in World War II as a reconnaissance pilot, had a long career with the state Department of Public Safety, and has been honored by many organizations for his volunteerism. Rufus will be missed.

## Where does the money go?



## BOARD OF DIRECTORS FY 2010

### Executive Committee

Tim Hayden, Board Chair Blue Clover Studios	Michael C. Brown, Chair-Elect Texas Capital Bank, N.A.
Namkee G. Choi, Ph.D., First Vice Chair University of Texas at Austin	Ron Westbrook, Second Vice Chair Wells Fargo Bank, N.A.
Samuel Lee Houston, Secretary D.R. Horton Homes	Larry Buch, Treasurer Office of the Attorney General, Texas
Stewart Whitehead, Immediate Past Chair Winstead P.C.	

Shannon Orcutt Time Warner Cable	Bob Wynn Oxford Commercial
Chris Maher Fosforus	B.J. Friedman, Ph.D. Texas State University
Nelson S. Robinson, Ed.D. Allstate Insurance Co.	Vivian Renfro 3M
Brian Tuerff BBVA Compass Bank	Rick Yeomans Graves Dougherty Hearon & Moody PC
Chris Taylor Whole Foods Market, Inc.	Matt Curtis City of Austin
Adam Hauser Brown McCarroll, LLP	Reetu Jain Maxwell Locke and Ritter
Dan Pruett Meals on Wheels and More	

### MANAGEMENT TEAM

Dan Pruett President and CEO	Larry Cospers, C.P.A., Executive Vice President for Finance and Administration
Michael H. Goldstein Vice President for Public Policy and Advocacy	Theresa Medlin Vice President for Volunteer Services
Andrea Torres Vice President for Development	Mary Z. Teeters Vice President for Client Services
Marsha Wier Vice President for Human Resources	Linda Perez Assistant Vice President, Client Services

Honored to be the recipient of the Austin Chamber of Commerce's Greater Austin Business Awards.

2008 - Community Relations Award  
2009 - Customer Service Award  
2010 - Innovation Award

**Meals on Wheels and More is a proud member of:**

Meals on Wheels Association of Texas  
Meals on Wheels Association of America  
United Way Partner Agency  
The Basic Needs Coalition of Central Texas  
Aging Services Council  
One Voice Central Texas  
(Formerly the Austin Area Human Services Association)



[facebook.com/mealsonwheelsaustin](http://facebook.com/mealsonwheelsaustin)



[twitter.com/mealsonwheels](http://twitter.com/mealsonwheels)



[youtube.com/mealsonwheelsandmore](http://youtube.com/mealsonwheelsandmore)

*“The meal is good for the stomach,  
and the volunteer is good for the soul.”  
-- Myrtle P., MOWAM client*



## **Meals on Wheels and More**

3227 East 5th Street, Austin, TX 78702

512.476.6325

[www.mealsonwheelsandmore.org](http://www.mealsonwheelsandmore.org)